

# 21 Best Places to Travel in September

These are the best places to visit in September in the United States and around the world.

By [Patricia Doherty](#) | Updated on July 19, 2025



Landscape of Prince Edward Island.  
Credit: scrambler27/Getty Images

If you've been waiting for summer vacationers to head back to work or school so you can enjoy your favorite — or new — destinations without the crowds, now is the time to plan your travel. Warm weather continues in most places, prices may be lower, and restaurant and tour reservations are easier to secure. With that said, we've compiled a variety of nearby and far-off places for you to explore. Here are our suggestions for your ideal September vacation.

## Sacramento, California



Autumn leaves line the streets of Sacramento around the Capitol Building.  
Credit: Janet Kopper/Getty Images

It's California's capital, but it's becoming better known as a foodie destination with more than 15 [Michelin-recognized](#) restaurants, multiple food and wine

Mountain Beach. [Topsail Hill Preserve State Park](#) features freshwater dune lakes, pine forests, wetlands, and pristine beaches. There's fishing, paddling, and miles of coastal forest trails at [Grayton Beach State Park](#) and a boardwalk across the dunes at [Deer Lake State Park](#).

**Where to Stay:** [Topsail Outfitters](#) offers luxury glamping at Topsail Hill Preserve State Park. For a luxury experience, stay at [Kaiya Beach Resort](#) in Inlet Beach, with spacious residences that are ideal for families or groups.

## Napa Valley, California



A vineyard in Napa, California.  
Credit: Sophia Kravets/Travel + Leisure

September's warm weather, harvest parties, and lively atmosphere make it a great [time to visit](#) wine country. [Wine lovers](#) thrill to see the grapes picked and processed at the wineries during this celebratory time. However, there's plenty [to do](#), even without one sip of [Napa Valley's](#) outstanding wines. Exceptional restaurants, Calistoga mud baths, hot air balloon tours, the [Napa Valley Wine Train](#), golf at [Silverado Resort](#), falconry demonstrations at [Bouchaine](#), and cooking classes at [Cakebread Cellars](#) are more ways to enjoy Napa Valley. With temperatures in the 80s, it's still pool weather, and Napa Valley resorts offer luxurious spas as well. Two [museums](#) feature special exhibits, including one on beloved chef [Julia Child](#). Keep in mind that harvest season is the busiest time of year, so make your reservations well in advance. You can fly directly into Napa Valley from certain cities, including [Los Angeles](#), on semi-private [JSX](#).

**Where to Stay:** T+L offers suggestions for the [best hotels in Napa Valley](#). [Four Seasons Resort & Residences](#), [Meadowood](#), [Alila Napa Valley](#), and [Carneros Resort & Spa](#) are excellent options.

## Asheville, North Carolina



Aerial view of Asheville, North Carolina.  
Credit: Jeremy Poland/Getty Images

This vibrant western North Carolina [city](#), surrounded by the Blue Ridge Mountains and Great Smoky Mountains, is rebounding from extensive damage caused by Hurricane Helene in September 2024 and welcoming visitors to return to its natural beauty and celebrated culinary scene. Also known for its bluegrass roots, art, and historic architecture, Asheville is home to the iconic [Biltmore Estate](#), America's largest privately owned home set on more than 8,000 acres. I was thrilled to [tour](#) the Estate a few years ago after reading about its construction and the life of George Vanderbilt, who was captivated by the area's beauty, just as visitors are today. Asheville boasts a walkable downtown with art galleries and shops, as well as more than 70 breweries and many award-winning restaurants. September temperatures in the 70s are ideal for being [outdoors](#) and enjoying the fresh mountain air.

**Where to Stay:** [The Grand Bohemian Lodge Asheville](#) is open after renovation, and [The Omni Grove Park Inn & Spa](#) features a subterranean spa with mineral pools. [The Inn on Biltmore Estate](#) just completed a two-year renovation and redesign. The [Flat Iron Hotel](#) is a charming boutique, and [Asheville River Cabins](#) offer both family and adults-only accommodations.

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